COLLEGE OF ONCOLOGY

National Clinical Practice Guidelines

Neuro-Oncology

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Continue

Neuro-Oncology Guidelines Expert Panel

Prof. dr. Jacques De Grève

Coordinator National Neuro-Oncology Guidelines Chairman Working Party Manuals, College of Oncology Universitair Ziekenhuis Brussel

Dr. Daniël Devriendt

Jules Bordet Institute Brussels

Dr. Thierry Gustin

Cliniques Universitaires UCL de Mont Godinne

Prof. dr. Frank Van Calenbergh

Universitaire Ziekenhuizen Leuven

Prof. dr. Bart Neyns

Co-Coordinator National Neuro-Oncology Guidelines Universitair Ziekenhuis Brussel

Dr. Lionel D'Hondt

Grand Hôpital de Charleroi

Prof. dr. Alex Michotte

Universitair Ziekenhuis Brussel

Dr. Margareta Haelterman

Federal Public Service
Health, Food Chain Safety and Environment

Prof. dr.Tom Boterberg

Ghent University Hospital

Prof. dr. Serge Goldman

Cliniques Universitaires de Bruxelles -Hôpital Erasme

Prof. dr. Paul Parizel

Universitair Ziekenhuis Antwerpen

Prof. dr. Simon Van Belle

Chairman College of Oncology University Hospital Ghent

Continue

External reviewers

Prof. dr. Paul Clement Belgian Society of Medical Oncology

Dr. Dirk Van den Berge Belgische Vereniging voor Radiotherapie-Oncologie - Association Belge de Radiothérapie-Oncologie

Prof. dr. Jean-François Baurain Belgian Association for Neuro-Oncology Dr. Micheline Mouchamps

Conflict of interest:

All authors and external reviewers are employed in centres specialized in the treatment of brain tumors.

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Two external reviewers received payments to speak or participate in a conference, training fees or travel support. Another external reviwer did consultancy for an organization that can win or lose financially by the results of this report.

Other conflicts of interest were not communicated.

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National Guidelines Neuro-Oncology

INTRODUCTION

This document provides an overview of the clinical practice guidelines for neuro-oncology.

The guidelines are developed by a panel of experts (see 'expert panel') comprising clinicians of different specialties and were reviewed by relevant professional associations (see 'external reviewers').

The guidelines are based on the best evidence available at the time they are derived. The aim of these guidelines is to assist all care providers involved in the care of people with a brain tumour.

To be completed: statement that these guidelines comprise only adults

SEARCH FOR EVIDENCE

Clinical practice guidelines

Sources

A broad search of electronic databases (Medline), specific guideline websites (NCI-PDQ, Cochrane) and websites of oncology organisations (NCCN) was conducted.

In- and exclusion criteria

Both national and international clinical practice guidelines (CPGs) on brain tumours were searched. A language (English, Dutch, French) restriction was used. Relevant literature until april 2008 was included. CPGs without references were excluded, as were CPGs without clear recommendations.

Additional evidence

For each clinical question, the evidence – identified through the included CPGs – was updated by searching Medline and the Cochrane Database of Systematic Reviews from the search date of the CPG on.

Level of evidence

A level of evidence was assigned to each recommendation using the NCI-PDQ levels of evidence (Table 1). All statements regarding treatment recommendations are level 3 unless otherwise specified.

GENERAL CONSIDERATIONS FOR DIAGNOSIS AND TREATMENT OF PRIMARY BRAIN TUMOURS

The treatment of brain tumours should be carried out in dedicated centres with experienced and specialized multidisciplinary teams.

Standard diagnostic imaging consists of magnetic resonance (MR)-imaging (T1 +/- gadolinium and T2 sequences with axial, coronal & sagittal slices) except for patients with implanted stimulating devices in which contrast enhanced CT should be used. Additional information obtained by perfusion/diffusion weighted MR-imaging, MR-Spectroscopy and PET-imaging (e.g. C11-methionine or FDG-PET) can be helpful in the differential diagnosis with non-malignant lesions, the evaluation of the metabolic activity or better delineation of anatomical extent in selected cases. Functional MR imaging can be useful preoperatively for lesions near functional areas.

Surgical removal is recommended for most types of brain tumours and in most locations. The removal should be as complete as possible within the constraints of preservation of neurological function (= maximal safe resection). For patients with primary brain tumours, the *primary goals of surgery* include (1) establishing a histological diagnosis, (2) reducing intracranial pressure, (3) cytoreduction.

Exceptions to this rule are brainstem tumours, which are diagnosed on imaging and clinical evidence and treated without initial surgery in approximately half of the cases (because of the risks that are associated with the surgical intervention in this anatomical region). In most deepseated lesions as in tumours located in functional areas, a diagnostic biopsy is indicated, using a stereotactic frame or by neuronavigation-quided craniotomy.

A conclusive **pathological diagnosis** should be obtained in most cases of primary brain tumours before primary treatment is initiated. All tissue biopsies (gross removal and stereotactic samples) should be considered for complete diagnostic work-up (neuropathological, immunohistochemical and molecular-genetic characterization). Cryopreservation of fresh tumour tissue should be strongly recommended to allow molecular-genetic characterisation that might gain value in the near future. All primary brain tumours should be classified according to the WHO classification (Table 2).

The most important **prognostic factors at diagnosis** for patients with primary brain tumours are (1) the histology and differentiation grade, (2) the performance status following recovery from surgery and (3) age at diagnosis. Patients with a poor performance status (WHO-PS>2, KPS <60) following maximal safe resection and optimal medical treatment (corticosteroids, anti-convulsants, ...) have a poor prognosis and are in general ineligible for prospective study protocols. No treatment has demonstrated to improve the survival for such patients as opposed to best supportive care. Treatment decisions in such patients need to be made on an individual basis (MOC and discussion with the patient and his/her relatives).

Radiation therapy and chemotherapy are the two most often used treatment modalities for brain tumour patients who cannot be controlled with surgery alone. Their activity varies according to the anatomopathological and molecular-genetic characteristics of the brain tumour. In the absence of a curative treatment option many patients who are diagnosed with a primary brain tumour should in the first place be considered as candidates for participation in a clinical trial. Novel biologic therapies under clinical evaluation for patients with brain tumours include inhibitors of growth factor receptors, agents with antiangiogenesis activity, viral-based gene therapy, oncolytic viruses, and dendritic cell vaccination.

Supportive treatment. Corticosteroids (methylprednisolone, dexamethasone), are used to treat the peritumoural brain edema. *Mannitol and diuretics* are useful to control intracranial hypertension intraoperatively. The use of *anticonvulsants* is mandatory for patients undergoing surgery for supratentorial gliomas and presenting with seizures. In case of preventive use, anticonvulsivants should be discontinued one week after surgery, except in cases demonstrated at risk for postoperative seizures. Many patients with primary brain tumours are dependent on substantial psycho-social support and should be directed towards existing psychosocial services and supportive/palliative teams (including a nutritionist and psychologist).

BRAIN STEM GLIOMAS

Intrinsic brain stem gliomas can be divided into three groups: (1) diffuse pontine gliomas that have a poor prognosis correlated with histology (if biopsies are performed), location, and extent of tumour, (2) exophytic, well delineated gliomas of the cervicomedullary region and (3) tectal plate gliomas, esp. in children, that have a very indolent course.

These patients are appropriate candidates for clinical trials. Information about clinical trials open for inclusion of patients can be found at the website of the U.S. National Cancer Institute (http://www.nci.nih.gov/clinicaltrials).

Treatment options

- Radiotherapy is the standard treatment for diffuse pontine gliomas (Level of evidence: 2) [1-9]. There is no role for hyperfractionated radiotherapy (Level of evidence: 1) [1-3].
- Surgery followed by radiotherapy is the standard treatment for exophytic brain stem gliomas (Level of evidence: 2) [1-3].
- Treatment of hydrocephalus and follow-up is the standard treatment for tectal plate gliomas [10].
- No standard of care has been established at recurrence following initial radiotherapy. Chemotherapy can be considered at recurrence following radiotherapy [11-12].

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PILOCYTIC ASTROCYTOMAS

Most cases of pilocytic astrocytomas occur in paediatric patients which is not the scope of these guidelines.

Neurofibromatosis 1 predisposes to the development of central nervous system tumours. Histopathologically, most of these tumours are pilocytic astrocytomas [1,2]. They occur in children (and young adults) and are predominantly located in the optic pathways or in the brainstem.

Treatment options

- If the tumour is totally resectable, surgery alone is the standard treatment (*Level of evidence: 2*) [3].
- If the tumour is not resectable, adjuvant radiotherapy should be discussed in a multidisciplinary meeting (Level of evidence: 2) [4].
- Primary stereotactic radiotherapy or radiosurgery in inoperable patients is an alternative option [5].
- At recurrence, patients should be considered for reoperation and radiation therapy if not previously given. Patients who have already received radiation therapy can be considered candidates for chemotherapy [6]. Treatment options at recurrence should be discussed in a multidisciplinary meeting.

These patients are appropriate candidates for clinical trials. Information about clinical trials open for inclusion of patients can be found at the website of the U.S. National Cancer Institute (http://www.nci.nih.gov/clinicaltrials).

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WHO GRADE II LOW GRADE OLIGODENDROGLIOMA, MIXED GLIOMA AND DIFFUSE ASTROCYTOMA

The WHO grade II gliomas or low-grade gliomas have a worse prognosis than WHO grade I glioma. Overall survival is extremely variable and ranges between <1y to >15y. No randomized clinical trial has demonstrated to improve overall survival of these patients. These patients are appropriate candidates for clinical trials. Information about clinical trials open for inclusion of patients can be found at the website of the U.S. National Cancer Institute (http://www.nci.nih.gov/clinicaltrials).

Clinical, histopathological and molecular-genetical features determine the prognosis of patients with WHO grade II gliomas.

An age of over 40 years at diagnosis, an astrocytoma histology, a largest diameter of the tumour of more than 6 cm, a tumour crossing the midline and the presence of a neurological deficit before surgery have been identified as negative prognostic clinical factors for survival in adult patients with WHO grade II gliomas. According to these clinical factors, patients can be classified within a high or low risk group with a significantly different prognosis [1].

According to the histopathological features WHO grade II gliomas are classified as oligodendroglioma, mixed glioma and astrocytoma. In addition WHO grade II low-grade gliomas can also be characterized by their molecular-genetic features. Gliomas with a chromosomal loss of 1p/19q (unbalanced translocation, [2]) have the best prognosis following treatment with radiation and are highly chemosensitive (although no randomized clinical trial today has proven chemotherapy to influence survival). The prognosis following surgery-only might not be different according to the 1p and 19q status [3]. Loss of 1p/19q is associated with

oligodendroglial histology and mixed glioma. Taken into account the high inter-observer differences in histopathological classification of WHO grade II gliomas, it is recommended to characterize the 1p/19q status of all WHO grade II gliomas.

Metabolic activity of WHO grade II low-grade gliomas, evaluated by PET imaging, might have additional prognostic value and might help in the early detection of anaplastic transformation [4-7].

Treatment options

- Surgery at diagnosis
 - Patients who are suspected to have a WHO grade II glioma on MRI should be considered for surgery in order to establish the anatomopathological diagnosis and determine the moleculargenetic characteristics of the glioma.
 - A maximal safe resection should be aimed for if possible [8].
 - If the tumour is not completely resectable, a stereotactic biopsy is preferred: preferably with metabolic or functional guidance to ensure proper tumour sampling [6,7].
- Post-surgical treatment options
 - At present considerable controversy exists with regards to treatment
 of patients with WHO grade II gliomas following surgery. No
 randomized clinical trial has demonstrated to improve overall
 survival of these patients. As such these patients should be
 considered candidates for treatment within the context of a clinical
 trial. Post-operative treatment should be discussed at a
 multidisciplinary meeting.
 - In general, the following guidelines can be followed:

- o Low risk, asymptomatic patients (= with the best clinical and molecular genetic prognostic factors) or patients who have undergone a complete resection can be followed-up by MRI every 3-6 months. Tumour growth should be evaluated on sequential scans and against the baseline measurements and by functional /molecular imaging [expert opinion].
- o For high risk patients and for low-risk patients without complete resection and persistent glioma related symptoms: surgery should be followed by radiotherapy. In a study of 300 patients who had surgery were randomized to either radiation therapy or watch and wait. There was no difference in overall survival (OS) in the two groups (Level of evidence: 1ii). Median progression-free survival was 5.3 years in the radiation therapy group and 3.4 years in the control group (Level of evidence 1ii). The recommended radiotherapy dose is 54 Gy [9-11].
- Two phase III trials investigating respectively 45 Gy in 5 weeks or 59.4 Gy in 6.6 weeks could not demonstrate a benefit for the higher doses of RT (Level of evidence: 1ii) [10,12].
- Symptomatic patients with chemosensitive gliomas (=1p loss) and a large inoperable tumour can be considered candidates for 6 to 12 months of upfront chemotherapy. Chemotherapy with temozolomide or PCV has activity in patients with low-grade oligodendrogliomas [13,14].
- Treatment options at recurrence will depend on the previously administered treatment. Patients should be considered for surgical resection, chemotherapy or radiotherapy and for participation in clinical trials [13,15].

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WHO GRADE III OLIGODENDROGLIOMA, MIXED GLIOMA AND ASTROCYTOMA

WHO grade III gliomas (also referred to as anaplastic gliomas) have a very low cure rate with available treatment options. Median overal survival of patients with WHO grade III glioma has been 3-4 years with available treatment options. Such patients are appropriate candidates for clinical trials. Information about clinical trials open for inclusion of patients can be found at the website of the U.S. National Cancer Institute (http://www.nci.nih.gov/clinicaltrials).

Clinical, histopathological and molecular-genetical features determine the prognosis of patients with WHO grade III gliomas.

Age, astrocytoma histopathology, a larger diameter of the tumour, crossing of the midline and a poor performance status at diagnosis are negative prognostic clinical factors for survival in adult patients with WHO grade III gliomas.

WHO grade III anaplastic gliomas can be classified according to their histopathological and molecular-genetic features. Gliomas with a chromosomal loss of chromosal arms 1p/19q (most often found in pure oligodendrogliomas and to a lesser extent mixed gliomas) have a better natural prognosis and are more chemosensitive (although no randomized clinical trial today has proven chemotherapy to influence survival). Loss of 1p/19 is associated with oligodendroglial histology but mixed WHO grade III glioma may also carry this deletion. Taking into account the high inter-observer differences in pathological classification of anaplastic gliomas, it is recommended that all WHO grade III oligodendroglioma and mixed gliomas be characterized for 1p/19q deletions [1,2].

Anaplastic astrocytomas with a mutated EGFR-gene (most often the EGFRvIII mutant) or amplification of the EGFR gene have a worse natural

prognosis that is comparable to the prognosis of patients with glioblastoma (WHO grade IV glioma) [3,4]. Taking into account the high inter-observer differences in pathological classification of anaplastic gliomas, it is recommended that all WHO grade III mixed gliomas and astrocytoma be characterized for EGFR mutation or amplification. Patients with WHO grade III glioma with an EGFR mutation or amplification can be considered for treatment according to the guidelines for glioblastoma *(expert opinion)*.

Treatment options

- · Surgery at diagnosis
 - Patients who are suspect to have WHO grade III glioma on MRI should be considered for surgery in order to establish the anatomopathological diagnosis and determine the moleculargenetic characteristics of the glioma.
 - A maximal safe resection should be aimed for if possible.
 - If the tumour is not resectable, a stereotactic biopsy is preferred.
- · Post-surgical treatment options
 - Radiation therapy (60 Gy fractionated radiotherapy, 30 x 2Gy) (Level of evidence: 2) [5].
 - Two phase III trials demonstrated that patients with WHO grade III oligodendroglioma or mixed glioma gain only limited benefit in time to progression and no significant benefit in OS from (neo)adjuvant PCV-based chemotherapy. Lack of benefit was observed irrespective of the 1p/19q status (Level of evidence: 2) [6-8].
- Treatment options at recurrence
 - Chemotherapy. Both temozolomide and nitrosurea based regimens have activity. Nitrosurea based regimens are more toxic as compared to temozolomide (*Level of evidence: 2*) [9-12].

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 Selected patients with a focal recurrence might benefit from a second resection and/or course of radiation therapy. The therapeutic plan in such patients should be discussed at a MOC.

Remarks

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WHO GRADE IV GLIOMA (GLIOBLASTOMA)

WHO grade IV gliomas (glioblastoma) are the most aggressive subtype of glioma. Glioblastoma patients have a very low cure rate with the available treatment options. Median overal survival of glioblastoma patients has been 8-14 months with available treatment options. Glioblastoma patients are appropriate candidates for clinical trials.

In patients diagnosed with glioblastoma more extensive tumour resection, younger age, Mini-Mental State Examination (MMSE) score of 27 or higher, and no corticosteroid treatment following surgery are associated with better survival [1,2].

Loss of 1p/19q is not associated with glioblastoma and testing is not recommended. Mutation/amplification of the EGFR gene is found in 20-40% of glioblastoma and has been correlated with prognosis [3]. At present EGFR status has no implementation in the clinical decision making outside a clinical trial.

Treatment options

- Surgery at diagnosis
 - Patients who are suspect to have gliobblastoma on MRI should be considered for surgery in order to establish the anatomopathological diagnosis.
 - A maximal safe resection should be aimed for if possible.
 - If the tumour is not resectable, a stereotactic biopsy is preferred.
- Post-surgical treatment options
 - Post-surgical treatment recommendations are based on the age and performance status following surgery.

- Poor performance status (WHO PS of 4 or KPS ≤ 60): no postoperative treatment has demonstrated to improve the outcome. Outside a clinical trial these patients should be offered best supportive care only *(expert opinion)*.
- Good performance status (WHO-PS<2 or KPS > 60) and age <70 years: postoperative radiation therapy (60 Gy fractionated radiotherapy, 30 x 2 Gy) with concomitant temozolomide (75 mg/m²/day) and pneumocystis pneumonia prophylaxis followed by 6 cycles of adjuvant temozolomide (first cycle 150 mg, following cycles at 200 mg/m²/d x5 q28d) (Level of evidence: 1) [4,5]. Combination treatment was demonstrated to improve survival as compared to radiation therpay alone. Improved survival was observed without a negative effect on health related quality of life (HRQOL) [6].
- Good performance status (WHO-PS<2 or KPS > 60) and age >70 years:
 - Postoperative radiotherapy (50 Gy fractionated radiotherapy, 1.8 Gy) (Level of evidence: 1) [7].
 - o Postoperative radiotherapy (40 Gy, 15 fractions over 3 weeks) [8].
- Elderly patients might benefit from the combination of temozolomide and radiotherapy but there are no data available on the activity and toxicity of this regimen in patients above 70 years. In subgroup analysis patients with an older age, a PS of 2 and a stereotactic biopsy deribed a lesser benefit from the combination of temozolomide and radiotherapy [4].

Treatment at recurrence

 No randomized trial has demonstrated to improve the outcome of glioblastoma patients who have a recurrence following radiation therapy with concomitant temozolomide followed by adjuvant

- temozolomide. Such patients should be considered as candidates for participation in ongoing clinical trials.
- Patients who were treated with radiation therapy only at the time of diagnosis can benefit from temozolomide (200 mg/m²/d x5 q28d). at the time of recurrence. Improvement of HRQOL has been associated with progression-free survival in this setting (Level of evidence: 1ii) [8].
- Selected patients with a focal recurrence might benefit from a second resection and/or course of re-irradiation therapy [9].
- In selected cases of recurrence, second surgery followed by dendritic cell based immunotherapy may be considered [10].
- The treatment options at recurrence should be discussed in a multidisciplinary meeting.

Remarks

- Evidence from retrospective studies strongly suggests that response to and survival benefit from temozolomide and nitrosurea based chemotherapy in glioblastoma is correlated with a methylation of the MGMT-gene promoter [11,12]. Genetic testing for MGMT-gene promoter methylation is currently under evaluation in prospective studies. In the absence of prospective validation of this predictive marker it is not recommended to use MGMT methylation status for treatment decision making in glioblastoma patients.
- A randomized trial in 240 patients with high-grade glioma showed a survival advantage for patients who had BCNU-impregnated polymer (Gliadel wafer) placed intraoperatively at the time of initial surgery [13]. There was no statistical survival advantage for the subgroup of patients with glioblastoma. Neither has the Gliadel wafer been combined with standard postoperative temozolomide treatment. The use of the gliadel wafer is therefore not recommended at present.

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EPENDYMAL TUMOURS

Ependymomas are rare intracranial tumours in adults. Evidence for prognostic factors and treatment guidelines is lacking, and most treatment options are based on studies in children. Diagnostic spinal axis imaging by Gd-MRI should be done, and in selected cases, esp. in children, lumbar puncture with cytological examination of CSF may be helpful to determine adjuvant treatment.

Spinal ependymomas, both intramedullary and in the conus-cauda region, are more often seen in adults.

Grade I ependymal tumours: myxopapillary and subependymal types

After complete resection of myxopapillary ependymoma or subependymoma, high cure rates have been reported, although local recurrence remains possible and long term surveillance with MRI seems appropriate. The role for adjuvant radiotherapy after complete resection is controversial.

In incompletely resected myxopapillary ependymoma or subependymoma, adjuvant local radiotherapy is the treatment of choice. Not previously irradiated recurrences will benefit from second surgery and radiotherapy.

Grade II ependymoma and anaplastic (grade III) ependymoma

The prognosis of WHO grade II ependymomas and anaplastic (WHO grade III) ependymomas in adults is variable. Predictive factors include localization (supratentorial tumours associated with better survival than

infratentorial tumours), extent of disease (presence of metastasis and completeness of surgical resection. Tumour grade seems to have a modest impact on prognosis in adults. Recently several attempts have been made to improve histological grading systems.

Treatment options

- Complete surgical resection can be curative in low-grade ependymoma.
- The role of postoperative local field radiotherapy in completely resected low-grade ependymoma is controversial. The role of postoperative local field radiotherapy in completely resected high-grade is more widely accepted but definitive proof is lacking.
- Second look surgery has recently been advocated when an operable part of the tumour has inadvertently been left.
- In cases where the neurological risk makes complete resection impossible, subtotal resection followed by radiotherapy is the treatment of choice.
- Only in cases with spinal axis metastasis, craniospinal radiotherapy is given.
- At recurrence following surgery, patients should be considered for reoperation and radiation therapy if not previously given. In patients who have received radiation therapy, chemotherapy can be an option.

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GLIOMATOSIS CEREBRI

Gliomatosis cerebri is a rare and usually fatal diffusely infiltrating glial neoplasm of the central nervous system. At least two cortical lobes have to be involved. There often is extension to the infratentorial structures though with preservation of the anatomic architecture and sparing of the neurons.

The diagnosis is based on radiological imaging and histological examination. MRI typically shows widespread tumour invasion involving both cerebral hemispheres with isointensity or hypointensity on T1-weighted MR images and diffuse hyperintensity on T2-weighted or FLAIR images [1]. Contrast enhancement is present in only 10% of cases, and is associated with very poor survival, as are genetic aberrations like loss of 13q and 10q and gain of 7q. Magnetic resonance spectroscopy (MRS) shows elevated Cho/Cr and Cho/NAA levels as well as decreased NAA/Cr ratios in the abnormal areas on T2-weighted images; sometimes a lactate doublet is present. There is a statistically significant (p = 0.05) inverse relation between Cho/Cr ratio and survival time [2].

Histologically, an astrocytic, oligodendroglial or mixed phenotype can be seen [3].

The overall median survival is highest for oligodendroglial tumours (36 m) and lowest for astrocytic tumours (11 m).

Treatment options

- Partial resection may be an option [4].
- Radiotherapy and chemotherapy (PCV or temozolomide) have demonstrated activity in this disease.
- The treatment plan should be based on expected toxicity [4-10] and be discussed in a multidisciplinary meeting.

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PINEAL PARENCHYMAL TUMOURS

Pineocytoma (WHO II) and pineoblastoma (WHO IV) are the most common tumours originating from the pineal parenchymal cells. They often occur in childhood and will usually be treated together with a paediatric oncologist.

Germ cell tumours and gliomas are the most common tumours of the pineal region, but have a different origin and are discussed elsewhere in these guidelines.

Pineocytomas are slowly growing tumours with usually a rather good prognosis. Their treatment is similar to that of low-grade gliomas. Pineoblastomas are aggressive tumours that have a tendency to give drop metastases. Their prognosis is clearly worse. They are usually treated in a manner similar to medulloblastomas. There are also pineal tumours with an intermediate differentiation that have an unpredictable growth and clinical behaviour. The diagnosis of pineal parenchymal tumours is based on histology, if available. In some cases, surgery, and even biopsy, is omitted because it is associated with a high risk of neurologic sequelae. However, the availability of a histological diagnosis favours the treatment choice.

Treatment options

- Surgery (biopsy or resection if possible) followed by local radiotherapy is recommended for pineocytoma. Patients with complete surgical resection may be observed [1].
- Pineoblastomas are treated with maximally safe resection followed by radiotherapy (craniospinal irradiation with a local boost) and usually chemotherapy [2-4].

• There are even less data on the treatment of pineal tumours with an intermediate differentiation. Surgery followed by radiotherapy and chemotherapy seems recommended [3]. Chemotherapy may preceed radiation therapy; cisplatin containing therapy is preferred over nitrosurea [4].

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PRIMITIVE NEUROECTODERMAL TUMOUR (PNET)

The most common type of PNET is medulloblastoma (WHO grade 4). These tumours are malignant invasive embryonal tumours of the cerebellum occurring preferentially in children. However 30% of these arise in adulthood mostly between 21 and 40 years of age. One of the main characteristics is early CSF dissemination. Unlike their pediatric counterpart localized predominantly in the vermis, about 50% of the medulloblastomas in adults are located within the cerebellar hemispheres.

The WHO defines different subtypes with prognostic significance, among them the classic, the desmoplastic, the extensive nodularity, the anaplastic and the large-cell variants. The desmoplastic variant has a more favorable outcome than anaplastic and large-cell medulloblastomas.

Other types of primitive neuroectodermal tumours found in the central nervous system, also known as PNET's, include neuroblastomas, ganglioneuroblastomas, medulloepitheliomas and ependymoblastomas. They occur predominantly in children and adolescents and will not be discussed.

Treatment options

- Surgical resection is essential for diagnostic purposes and has been shown to improve survival in randomised trials in children. The risk of postoperative morbidity is lower for tumours located in cerebellar hemispheres.
- For staging purposes a CSF sample should be obtained by lumbar puncture 2 weeks after surgery to avoid false-positive cytology from the initial resection. Assessment of CSF dissemination is crucial because up to 10% of adults and 30% of children have evidence of disseminated

- disease at presentation [1]. High-risk patients include those with metastatic disease at presentation and a significant residual postoperative tumour volume [1,2].
- Radiation therapy is a standard part of the treatment for children > 3 years and adults. It improves survival compared to surgery alone. Usually a local dose of 55,5 Gy is given with 23,4 Gy on the craniospinal axis (36,0-39,6 Gy in case of CSF dissemination) [1,2].
- Chemotherapy given during and after radiotherapy is now the standard of care for children in all risk groups. Post craniospinal radiotherapy, high-dose chemotherapy and stem-cell rescue has shown improved survival rates with acceptable toxicity [1]. There is less evidence for chemotherapy in the adult setting but activity has been demonstrated [4].
- At relapse patients should be re-considered for chemotherapy (expert opinion).

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PITUITARY ADENOMAS

Pituitary adenomas are benign tumours arising from the anterior lobe of the pituitary gland.

Some of them are producing clinical symptoms related to hormonal hypersecretion (Cushing's disease, acromegaly, amenorrheagalactorrhea and hyperthyroidism). In case of non-functional adenomas the symptoms are due to mass effect (hypopituitarism, visual defect or other neurological defects).

Radiologic diagnosis should be made by MRI.

Treatment options

- Prolactin-secreting adenomas and rarely growth-hormone producing adenomas can be treated by medication only. The indication for surgery in prolactinomas is based on the lack of efficacy of dopaminergic drugs, or on patient's choice.
- The first-line treatment for the other tumours is surgery, most of the time by transsphenoidal route.
- Radiosurgery may be indicated in residual tumours after surgery, especially if cavernous sinus is invaded. Minimum doses to the margin of the non-functional pituitary adenomas typically range from 15 to 20 Gy in a single fraction. For secreting adenomas, minimal margin doses as high as 20 to 30 Gy are recommended.
- Fractionated stereotactic radiotherapy is recommended for residual tumour in proximity to the visual pathways. Doses between 45 and 54 Gy are recommended. The higher doses are used for functioning or large (>2 cm) adenomas.
- In case of pituitary apoplexy, the indication for surgical decompression is based on clinical symptoms of mass effect upon the visual apparatus

or the cavernous sinus. Emergency hormone replacement therapy must be instituted.

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CRANIOPHARYNGIOMAS

Craniopharyngioma (WHO grade I) has two subtypes: the adamantinomatous type occurs mostly in children, the papillary type in adults. Although histologically benign, craniopharyngiomas have a high tendency to recur. Treatment is associated with important morbidity (visual, hypothalamic and pituitary deficits). There are no high-level evidence-based guidelines. A delicate balance has to be sought between an attempt at complete cure and quality of life, esp. hypothalamic damage.

Treatment options

- Complete surgical resection can be curative but is in most series associated with recurrence rates of more than 15%. Some authors advocate postoperative radiotherapy even after apparent complete resection.
- Subtotal resection followed by radiotherapy is the treatment of choice when complete resection appears to carry an important risk.
- Fractionated radiotherapy has been the modality most often used. A
 possible role for stereotactic radiotherapy and radiosurgery has been
 suggested. Timing of radiotherapy is still unclear: immediate adjuvant
 vs delayed until recurrence.
- In large cystic recurrences, bleomycine or radioisotope injection using an Ommaya-Rickham device after the absence of leakage through the cyst has been reported with conflicting results. Recently the intratumoural injection of interferon alpha has also been reported.

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GERM CELL TUMOURS

Central nervous germ cell tumours most frequently occur in the pineal region. The peak incidence is in the second decade, although some can present after the third decade. Since they often occur in childhood, they will usually be treated together with a paediatric oncologist. Some tumours may have a bifocal presentation, with a second localisation at the pituitary region.

Histological subtypes are germinoma, embryonal carcinoma, choriocarcinoma, yolk sac tumour. Because of its rarety in the adult patient, treatment of teratoma is not discussed in these guidelines.

Diagnosis

- Biopsy is recommended, since the optimal treatment depends upon the histologic subtype. However, empiric treatment with early radiological reassessment may be considered if a biopsy is considered to be too riskful [1].
- In addition to MRI of the whole brain and neuraxis, determination of markers and cytological examination of CSF usually contributes to the final diagnosis and treatment, especially if histology was not obtained. HCG (human chorionic gonadotrophin) production is typical for choriocarcinoma and embryonal carcinoma. It may be slightly elevated in germinoma (as are LDH (lactic dehydrogenase) and PLAP (placental alkaline phosphatase. AFP (alpha-fetoprotein) is found in yolk sac tumours and sometimes in embryonal carcinoma, but AFP is always negative in germinoma. Teratomas may produce some AFP. Mixed tumours may occur and are often missed with stereotactic biopsy due to sample error. If resection is not attempted, treatment of hydrocephalus may be necessary to relieve symptoms [2].

Treatment options

- Surgical resection is not indicated. Germinoma can usually cured by radiotherapy alone. Routine prophylactic craniospinal irradiation is not recommended unless there is spill at surgery, positive CSF cytology or leptomeningeal metastases on MRI. In recent studies, whole brain irradiation followed by boost has been successfully replaced by whole ventricular irradiation followed by boost. The addition of chemotherapy may allow reduction of the radiotherapy dose and volume. Chemotherapy can also be used in disseminated disease and at relapse [3-6].
- Non-germinoma malignant germ cell tumours are less sensitive to radiotherapy and maximally safe resection is recommended for most patients. Neoadjuvant or adjuvant chemotherapy is used, followed by local radiotherapy or craniospinal irradiation in case of positive neuraxis [6].
- In analogy with extracranial germ cell tumours, two cycles of a BEP like regimen should be administered beyond normalisation of markers (expert opinion).

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MENINGEAL TUMOURS

Meningiomas are the most common extra-axial intracranial tumours in adults and account for approximately 25% to 30% of all intracranial tumours.

The most common locations of meningiomas, in descending order of frequency, are convexity (19%–34%), parasagittal (18%–25%), sphenoid and middle cranial fossa (17%–25%), frontal base (10%), posterior fossa (9%–15%), cerebellar convexity (5%), cerebellopontine angle (2%–4%), intraventricular (1%–5%), and clivus (<1%).

According to the WHO classification, meningiomas are divided in WHO grade I tumours, WHO grade II (atypical, chordoid and clear cell meningiomas) and WHO grade III tumours (anaplastic or malignant, rhabdoid and papillary meningiomas). WHO grade II and WHO grade III meningiomas account respectively for 4.7% to 7.2% and 1.0% to 2.8% of meningiomas.

Treatment options

- Gross total surgical resection of benign meningiomas is the mainstay of treatment and is curative in most cases. Complete resection is however often not possible in skull base meningiomas including optic nerve, cavernous sinus, clival and foramen magnum tumours because of the significant risk of associated morbidity [1].
- Incomplete resections and histopathological findings (higher tumour grade) are the main predictors of recurrence [1].
- Preoperative endovascular embolization (devascularization) of meningiomas is beneficial for large meningiomas because it diminishes the necessity of intraoperative transfusions and significantly decreased blood loss [2]. However, particle embolization of menigiomas is associated with a substantial risk of ischemic and hemorrhagic events

- [3]. Therefore, the individual risk-to-benefit ratio of embolization should be considered on a case per case basis and depends on the size, vascular supply and location of the tumour.
- Radiotherapy improves the long-term (10-20 year) control rate of subtotally resected meningiomas in the order of 70 to > 90% for benign meningiomas and 50-70% for atypical meningiomas [4].
- Radiation treatment options include fractionated radiation (50-54 Gy in 1,8-2 Gy fractions), or single dose stereotactic radiosurgery (SRS) (10-20 Gy at the periphery of the tumour) [4]. Patients with recurrent highgrade meningiomas may be treated by SRS with a marginal dose exceeding 20 Gy or fractionated radiotherapy with doses of 54-66 Gy [5,6].
- Radiosurgery, either gamma-knife or LINAC based, is generally offered for lesions < 3 cm and located at the distance of > 1-2 mm from optic chiasm and nerves. Optic nerves and chiasm can tolerate a radiosurgical dose of 8 Gy, the brainstem can tolerate 10 Gy. Thus fractionated radiation is generally preferred for lesions abutting these critical structures. Nevertheless SRS can be used in these situations with planning systems that allow dose painting [4].
- Chemotherapy has no established role in the treatment of meningiomas. Results of uncontrolled clinical studies have been contradictory [7].

Hemangiopericytoma

Meningeal hemangiopericytomas are tumours derived from the pericytes of capillaries and venules. They constitute less than 1% of all intracranial tumours. These tumours differ from meningiomas because of their more aggressive behaviour, their tendency for early recurrence and extracranial metastases and a worse prognosis. According to the WHO they are graded as grade 2 and grade 3 (anaplastic) tumours.

- Management requires a gross total resection followed by postoperative radiotherapy [8,9].
- Preoperative embolization may be performed in selected cases to reduce the preoperative blood loss [9].
- Extensive follow-up is mandatory to rule out local recurrences and delayed extracranial metastases [9].
- Radiosurgery may be an effective treatment for recurrent hemangiopericytomas [10,11].

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HEMANGIOBLASTOMAS

Hemangioblastomas are rare tumours, occurring predominantly in the posterior fossa and spinal cord. They require special consideration from an oncological point of view because approx. 50 % are found in patients with von Hippel Lindau (VHL) disease, an autosomal dominant disorder, caused by inactivation of the VHL tumour suppressor gene on chromosome 3 p. Patients with VHL may develop CNS hemangioblastomas, retinal hemangioblastomas, renal and pancreatic cysts, pheochromocytoma and renal cell carcinoma (RCC). Regular surveillance is mandatory, esp. for the early stage development of RCC.

Diagnosis

- In most cases, the neuroradiological diagnosis of a posterior fossa or spinal hemangioblastoma is established by MRI. Hemangioblastoma typically presents on MRI as an intensely enhancing, wellcircumscribed mass, often associated with a cyst.
- Since the introduction of high quality MRI, the indication for angiography in hemangioblastomas of the posterior fossa or spinal cord has become increasingly debatable. The benefits (showing the arterial supply and venous drainage, as well as the angio-archtecture of the tumor) are outweighed by the risk of complications. One should keep in mind that neuro-angiography is an invasive investigation, and may result in severe complications.
- The clinical utility of pre-operative embolization of hemangioblastomas is ambiguous, and may result in some cases, in posterior fossa swelling requiring emergency craniotomy.

Treatment options in solitary hemangioblastoma

- Surgery for accessible lesions.
- Stereotactic radiosurgery for selected inoperable lesions.

Treatment options in hemangioblastoma in VHL

- · Surgery for symptomatic accessible lesions.
- Stereotactic radiosurgery for selected inoperable lesions.
- Fractionated radiotherapy may have a role in extensive disease.
- Anti-angiogenic therapy is under evaluation in clinical trials..
- · Patients should be offered genetic counseling.

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MALIGNANT PERIPHERAL NERVE SHEATH TUMOURS

Malignant peripheral nerve sheath tumours (MPNST) are essentially found in the lower extremity (sciatic nerve is the most common site), neck, retroperitoneum and paraspinal region. Except for localized, small and completely resectable lesions, prognosis is dismal with frequent local and distant relapses.

Patients with genetic diseases like neurofibromatosis type 1, neurofibromatosis type 2 and schwannomatosis are prone to develop nerve sheath tumours. NF-1 patients have a 10% lifetime risk of malignant transformation.

Diagnosis

 MRI is the imaging procedure of choice; however it cannot provide histological diagnosis, because of significant overlap between the imaging characteristics of MPNST and their benign counterparts. Signs of malignant transformation include tumour heterogeneity, areas of necrosis, size and irregular margins. FDG-PET can be used to distinguish MPNST from benign nerve sheath tumour in selected cases.

Treatment options

- Surgery (total resection with negative margins), if possible, is the treatment of choice in MPNST since it can be curative, relieves symptoms and provides definitive histological diagnosis. Resection of distant metastases can sometimes be proposed.
- Radiotherapy is an adjuvant treatment in all cases of MPNST.

- The role of chemotherapy remains uncertain although some cases of complete responses have been reported. Many drugs are used: cisplatin, carboplatin, VP16, adriamycine, ifosfamide, cyclophosphamide and vincristine. Successful neoadjuvant strategies have been described.
- There is an established role for chemotherapy in the palliative setting.
 Adriamycine based chemotherapy has the highest activity.

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CHORDOMAS AND CHONDROSARCOMAS

Chordomas are rare, slowly growing tumours that have a locally aggressive behavior and frequently recur. They are found mainly in the sacrococcygeal region and in the skull base. About 40% of chordomas are intracranial and 60% develop in the spine. Metastases have been reported with an average rate of 17%.

Chondrosarcomas are generally more indolent tumours but are radiologically not reliably distinguishable from chordomas. Optimal treatment of chordomas and chondrosarcomas remains controversial.

Treatment options

- Maximal surgical resection (multiple procedures if necessary) is the most effective first-line treatment. Only en-bloc radical surgery with adequate margins is curative, but is rarely feasible and is associated with a significant morbidity.
- After subtotal surgical resection, adjuvant radiation therapy at high doses is recommended and provides a significant increase in both progression-free and overall survival. Proton beam therapy seems to achieve a better local tumour control than conventional photon therapy, since higher doses can be administrated (70-80 Gy). After piecemeal complete surgical resection, timing of radiation therapy remains controversial. Multimodal therapy is accompanied by 5-year survival rates > 70%.
- Experience with radiosurgery and carbon ion radiotherapy is limited.
- In inoperable patients, radiation therapy after diagnostic biopsy is a reasonable option.
- There is no established role for chemotherapy.

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LEPTOMENINGEAL CARCINOMATOSIS

Leptomeningeal metastasis is a rare but devastating complication of solid tumours. The prognosis is very grim: without treatment, patients die within 4 to 6 weeks due to progressive neurological deficit. In about half of the cases, breast cancer is the primary tumour (in particular lobular carcinoma). Other common primaries are lung cancers (especially small cell lung cancer) and melanoma but leptomeningeal metastasis may develop in any cancer.

Diagnosis

- Demonstration of tumour cells in the CSF is diagnostic. Cytology is positive in about 50 to 80% at first lumbar puncture and 90% at the second. False positive cytology is not found in solid tumours so CSF should be performed if clinically possible when diagnostic imaging is inconclusive.
- Diagnostic imaging should include gadolinium enhanced MRI scanning (sensitivity and specificity of about 75%). MRI scanning should be done before lumbar puncture.

Treatment options

- The treatment plan should be discussed in a multidisciplinary meeting.
- Local radiotherapy on symptomatic masses can be given in order to palliate symptoms like pain (favourable clinical effect reported in 40 to 70% of patients) or relieve CSF flow blocks. Radiotherapy on the entire neuraxis is associated with significant toxicity and used very rarely in selected cases.
- Intrathecal chemotherapy has a disputable efficacy and clear toxicity.
 Methotrexate is the most commonly used drug. It can be proposed outside clinical trials if systemic treatment is not feasible, if

- leptomeningeal carcinomatosis is the major site of the disease, and this treatment should not be prolonged for over 6 weeks.
- Effective systemic anticancer therapy (incl. new molecular-targeted agents with activity against extracranial disease) should be proposed.
- Symptomatic therapy including corticosteroids is of major importance.

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BRAIN METASTASES

Brain metastases are the most common intracranial tumours in adults. They occur in 10-30 % of adult cancer patients. The incidence of brain metastases seems to increase, due to both improved detection of small metastases by contrast enhanced MRI and better control of extracerebral disease resulting from improved systemic therapy.

Diagnosis

Brain metastases must be distinguished from primary brain tumours and other non-tumour processes like abscesses, cerebral infarction or bleeding.

- Imaging is usually sufficient, but histology is necessary in some cases for a definitive diagnosis.
- Contrast enhanced MRI is recommended in all cases, especially to confirm or rule out single metastases.
- Diffusion weighted MRI is useful to differentiate necrotic tumours from pyogenic abscesses.

Treatment options

- Corticosteroids, anticonvulsants, whole brain radiotherapy (WBRT), surgery, and stereotactic radiosurgery (SRS) have an established place in the management of brain metastases. Systemic therapy is limited to patients with brain metastases from sensitive tumours (Level of evidence 2).
- In patients with multiple brain metastases, WBRT is recommended.
- In patients with a single brain metastasis, surgery is the treatment of choice, if feasible and especially for lesions larger than 3,5 cm or with a large cystic component, where immediate decompression can be

- obtained. Additional WBRT improves survival. SRS on the surgical bed is currently studied. Surgery is not recommended in case of extensive or uncontrolled systemic disease.
- SRS is an alternative to surgery, especially for lesions smaller than 3 cm, depending on the symptoms and status of the patient and in carefully selected oligometastatic patients. No randomized trials compared surgery and SRS. The addition of WBRT to SRS improves local tumour control but does not increase survival. WBRT might be withheld in selected patients with a single brain metastasis, if the development of additional brain lesions is less likely. The patient can be retreated if there is a new metastasis or a recurrence. This approach may avoid the long-term toxicity of WBRT in patients with a prolonged survival and may also be an option in oligometastatic patients.
- In case of recurrent brain metastases after WBRT, SRS or repeated WBRT can be considered, depending on the number of metastases.
 For repeated WBRT, a minimum interval of 6-12 months is recommended. In case of recurrence after SRS in patients in good general condition (RTOG class I), surgery can be considered.

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SUPPORTIVE CARE

Brain tumour patients frequently experience multifocal neurological deficits. These symptoms may be present early in the disease history but ultimately the neurological status deteriorates during the end-stage process. Palliative supports must be started early in the disease history in order to relieve rapidly patient and familial symptoms or distress. The neurological deterioration is frequently associated with major anxiety. Due to speech impairment, the patient may not always be able to verbalize it. Active listening is important trying to understand patient's thoughts and feelings. In order to respect patient's dignity in advanced state, their wishes should be determined during early stages when communication is still clear.

Brain tumour patients present more severe and more specific symptoms compared with other cancer patients.

Epilepsy is frequent and often resistant to treatment. Drug interactions with systemic treatments have to be considered.

Focal deficits may reduce autonomy and impair quality of life. In addition thromboembolic complications may be more frequent. Low-dose molecular weight heparine should be considered in this case.

Cognitive disorders can be related to disease location or to treatment (chemotherapy, radiotherapy, steroids, antiepileptic drugs, ...).

Pain is present in half of brain tumour patients. The origin can be multifactorial but is frequently due to an increased intracranial pressure. Steroids are effective in this setting.

Steroids may induce severe side effects such as myopathy, osteoporosis, etc. They should be tapered rapidly and adequate nutritional support

associated with physiotherapy and daily physical activity should be provided.

Fatigue is frequently encountered and is usually severe. It is not only a physical but also a mental and emotional fatigue. Daily physical exercises, healthy diet and regular sleeping habits should be promoted. If anaemia is present erythropoietin or darbepoietin could be administered.

Appetite is frequently disabled in brain tumour patients. Megestrol acetate is frequently prescribed in this setting although its impact on quality of life is still debated. Other substances are under investigation like anabolic androgens.

Psychological disturbances are frequently related to symptoms previously described but may also be linked to sexual dysfunction, speech impairment, sphincter dysfunction, etc. Brain tumour patients are usually very concerned about their dependency, their appearance and their future.

Finally, management by multidisciplinary care teams is mandatory for these brain tumour patients.

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NCI-PDQ: Natinonal Cancer Institute - Physician Data Query

NCCN: National Comprehensive Cancer Network

CPG: Clinical Practice Guideline MRI: Magnetic Resonance Imaging

CT: Computed tomography

PET: Positron Emission Tomography

FDG-PET: Fluorodeoxyglucose Positron Emission Tomography

WHO: World Health OrganiZation

PS: Performance Status

MOC: Multidisciplinary Oncologic Consult

Gy: Gray

OS: Overall Survival

EGFR: Epidermal Growth Factor Receptor PCV: Procarbazine, Lomustine, Vincristine

EORTC: European Organization for Research and Treatment of Cancer

MMSE: Mini-Mental State Examination HRQOL: Health Related Quality Of Life

MGMT: methylguanine-DNA methyltransferase BCNU: 1,3-bis (2-chloroethyl)-1-nitrosourea

Gd-MRI: Gadalinium Magnetic Resonance Imaging

CSF: Cerebrospinal Fluid

FLAIR images: Fluid Attenuated Inversion Recovery Images

MRS: Magnetic Resonance Spectroscopy

Cho/CR: Choline / Creatinine

Cho/NAA: Choline / N-acetyl aspartate PNET: Primitive Neuroectodermal Tumour HCG: Human Chorionic Gonadotrophin

LDH: Lactic Dehydrogenase

PLAP: Placental Alkaline Phosphatase

AFP: Alfa-fetoprotein

BEP: Bleomycine, Etoposide, cis-Platinum

SRS: Stereotactic Radiosurgery

LINAC: Linear Accelerator

VHL: von Hippel Lindau Disease CNS: Central Nervous System

MPNST: Malignant Peripheral Nerve Sheath Tumour

VP16: Etoposide

WBRT: Whole Brain Radiation Therapy

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Introduction

A variety of endpoints may be measured and reported from clinical studies in oncology. These may include total mortality (or survival from the initiation of therapy), cause-specific mortality, quality of life, or indirect surrogates of the 3 outcomes, such as disease-free survival, progression-free survival, or tumour response rate. Endpoints may also be determined within study designs of varying strength, ranging from the gold standard—the randomized, double-blinded controlled clinical trial—to case series experiences from nonconsecutive patients. The PDQ editorial boards use a formal ranking system of levels of evidence to help the reader judge the strength of evidence linked to the reported results of a therapeutic strategy. For any given therapy, results can be ranked on each of the following two scales: (1) strength of the study design and (2) strength of the endpoints. Together, the two rankings give an idea of the overall level of evidence. Depending on perspective, different expert panels, professional organizations, or individual physicians may use different cut points of overall strength of evidence in formulating therapeutic guidelines or in taking action; however, a formal description of the level of evidence provides a uniform framework for the data, leading to specific recommendations.

Strength of Study Design: The various types of study design are described below in descending order of strength:

- 1. Randomized controlled clinical trials.
 - i. Double-blinded.
 - ii. Nonblinded (allocation schema or treatment delivery).
- 2. Nonrandomized controlled clinical trials.
- 3. Case series.
 - i. Population-based, consecutive series.
 - ii. Consecutive cases (not population-based).
 - iii. Nonconsecutive cases.

Strength of Endpoints: Commonly measured endpoints for adult cancer treatment studies are listed below in descending order of strength:

- A Total mortality (or overall survival from a defined time).
- B Cause-specific mortality (or cause-specific mortality from a defined time).
- C Carefully assessed quality of life.
- D Indirect surrogates.
 - i. Event-free survival
 - ii. Disease-free survival
 - iii. Progression-free survival
 - iv. Tumour response rate

TUMOUR	WHO-GRADE
Astrocytic tumours (Astrocytoma) Subependymal giant cell Pilocytic Low grade Pleomorphic xanthoastrocytoma Anaplastic Glioblastoma	
Oligodendroglial Low grade Anaplastic	II III
Oligoastrocytoma Low grade Anaplastic	II III
Ependymal tumours (Ependymoma) Subependymoma Myxopapillair Low grade Anaplastic	
Choroïd plexus tumours Papilloma Carcinoma	I III-IV

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TUMOUR	WHO-GRADE
Neuronal/glial tumours Gangliocytoma Ganglioglioma Anaplastic ganglioma Desmoplastic infantile ganglioma Dysembryoplastic neuroepithelial tumour Central neurocytoma	 -
Pineal tumours Pineocytoma Pineal parenchymal tumour, intermediate differentiation Pineoblastoma	II III-IV IV
Embryonal tumours Medulloblastoma Other PNET's Medullo-epithelioma Neuroblastoma Ependymoblastoma	IV IV IV IV
Cranial tumours and peripheral nerve tumours Schwannoma Malignant peripheral nerve sheath tumour	I III-IV
Meningeal tumours Meningioma Atypical meningioma Papillary meningioma Hemangiopericytoma Anaplastic meningioma	

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